



Fall '22 Newsletter

Saying goodbye to a wonderful summer retreat season
& hello to a cozy fall and winter of community events!



Wrapping Up Summer Retreats



After a cancelled season in 2020 and a smaller season of Getaways in 2021, we were able to bring retreats back to full capacity this summer! A total of 265 volunteers and 204 guests (70 volunteer families and 48 guest families) experienced rest, community, and fun during our 2022 Summer Retreat Season. After each of our 16 retreats, our Programming Coordinator Kelly sends out a survey to both guests and volunteers requesting feedback on their experience. Here are some guest and volunteer responses from this season!

From Our Guest Parents

- From the moment we stepped out of the truck everyone was so kind and welcoming, they treated us as if they'd known us for years...We were surrounded with so much love!
- They consistently reassured us about everything. They jumped right in all the time, especially when a child was upset or showed any frustration. Once our kids were settled and enjoying themselves, we relaxed more as a parents, especially with our ASD child. He fit right in from the very beginning...
- They accepted us where we were and made us feel loved. Everyone took care of our grandson without hesitation. They watched him and kept him safe.
- The order and type of activities worked well. Plenty of options of things to do and ways to spend time with guest families. The hayride and splash pad were highlights for our family along with pickleball!
- I cannot think of anything that didn't go well.

From Our Volunteers

- We connected with each of the guest families in such a special way. Love how God brings just the right people together. I wouldn't change a thing.
- This was one of the best weekends we have served at. As my boys get older, I am never more proud of them than when they serve like Jesus. Seeing them truly settle into what I feel God has gifted them to do is such a gift to watch unfold.
- I appreciated that there was grace for adults and children to just be themselves and get to know one another.



It's Time to **Fall Into Community**

Trunk-or-Treats

October 28 | Bardstown, KY | 5–8 p.m.

October 30 | Fern Creek | 5–8 p.m.

It's almost that spooky time of year, y'all! Join us as we participate in two different Trunk-or-Treat events—one at Light the Way Pediatric Therapy Service (107 Manor Drive, Suite 204 in Bardstown) and one at Fern Creek Christian Church (9419 Seatonville Road in Fern Creek). Dress up and come on out for games, and of course, decorated trunks full of treats! HINT: Our theme will make you ROAR with laughter!

Women's Craft Group

Monthly at 10 a.m. | BH Community Center

Now through February, we're getting together to pray and craft! We're going to get cozy, crafty, and beat the winter blues through community and prayer. We meet on the first or second Tuesday of each month at 10 a.m. Warm beverages and a monthly craft are supplied, or you can bring your own project to work on. Sign up to attend at barrenheights.org/events/craft.

GivingTuesday

November 29 | Online

The year's biggest celebration of generosity returns on Tuesday, November 29th. Each GivingTuesday, people across the globe take a moment to support the causes and organizations that are nearest to their heart. This GivingTuesday, we hope you will remember Barren Heights as you donate and share on your socials! Learn how to give at barrenheights.org/donations.

Annual Benefit Dinner

November 19 | Woodhaven Country Club | 5:30 PM

Our Benefit Dinner is always a highlight each fall, and this year we're gonna have a square dancin' good time! Join us at our 17th annual Benefit Dinner for a delicious meal, a fun auction and raffle, and a little bit of square dancing led by a professional caller! We can't wait to celebrate the year behind and dream about the year ahead alongside all of our Barren Heights family. Go ahead and mark your calendars, and get your tickets today! Purchase your tickets or make a donation at barrenheights.org/benefit.

So Thankful for a Date Night

Thursday, December 8 | Details Coming Soon

Join Growing Your Marriage leaders Joe & Toni Rose and John & Lorie Weires for a one night workshop where couples can intentionally work on their relationships and grow closer to God. More details coming soon!

Sensory-Friendly Christmas

December 10 | 10 a.m.–2 p.m. | ecotech

Not technically a fall event, but definitely an event you want to put on your calendar! Begin your family's holiday season with a visit from Santa and his elves in a sensory-friendly environment. Participants will enjoy treats, crafts, and a special gift from Santa. We'll even have a professional photographer for Santa photos! RSVP at barrenheights.org/events/christmasparty.

Stay up-to-date on our upcoming events at barrenheights.org/events or follow us on socials.

facebook.com/barrenheights.org twitter.com/barrenheights instagram.com/barrenheights

17th Annual Benefit Dinner

Saturday, November 19th

5:30 p.m. doors 6:30 p.m. dinner

Woodhaven Country Club

7200 Woodhaven Road Louisville, KY 40291

We're fixin' to have a square dancin' good time, and we don't want you to miss out! Join us at our 17th annual Benefit Dinner for a delicious meal, a fun auction and raffle, and a little bit of square dancing led by a professional caller! We can't wait to celebrate the year behind and dream about the year ahead alongside all of our Barren Heights family. Get ready to do-si-do and spin your partner round and round! Get your tickets today at

barrenheights.org/benefit

Barren
Heights

Give While You Shop

It's that time of year again, so before you start all of your holiday gift and meal shopping, make sure to take part in these reward programs!



Holiday season is here, which means there are big family meals on the way! Give back to the community while purchasing the supplies you need. When you swipe your free Kroger Rewards card, a percentage of the profits goes to Barren Heights!

Register Barren Heights as your benefiting nonprofit today on [kroger.com/i/community/community-rewards](https://www.kroger.com/i/community/community-rewards)



amazon smile

Now on your phone, you can shop on Amazon and simultaneously give back to a nonprofit of your choosing! At no additional cost to you, Amazon donates for every purchase you make.

Log on to smile.amazon.com, and set Barren Heights as your chosen nonprofit to support the families in our community while checking off those your Christmas List!





We can do what we do, because so many people and organizations give generously to Barren Heights. Whether through our Booster program of monthly donors, giving events like Give for Good Louisville (**you gave \$1,750 this year!**), or grants and sponsorships from charitable organizations, we have been able to make real, tangible impacts on families of children with disabilities through community events and family retreats. That's enough to make anyone feel warm and fuzzy (hence the sweater...get it?)! Thank you doesn't begin to express our gratitude to our supporters, but it is a good place to start. So THANK YOU!

Three Cheers for These Organizations!

And speaking of saying thank you, these charitable organizations, foundations, and ministries gave BIG this past quarter, so we wanted to mention them by name! Their grants went toward our weekend retreats, Community Center programming, sports and play equipment, and even a new printer for our office. Take a moment to read through this list of generous supporters, and click the available links to learn more about them.

[Bob Russell Ministries](#)

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Reynolds
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