



Hello, Spring

2023 Spring Newsletter

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barrenheights.org

Then

2022 Retreats		
Leaders (16)	Hosts (32)	Caretakers (16)
6 more needed	13 more needed	8 more needed
April 12, 2022		

-VS-

Now

2023 VOLUNTEERS		
Leaders (17)	Hosts (34)	Caretakers (17)
4 MORE	6 MORE	5 MORE
April 13, 2023		

It's almost time for...

Retreat Season!

It's April, which means we are just a few short weeks from our first family retreat weekend of the year (June 2-4)! Kelly and Abbi have been working hard on volunteer recruitment and training, and it shows! This time last year, our volunteer positions were just over halfway full. This year, we are at 78% full even after we added an additional retreat this year! PLUS 16 of our 55 volunteer families will be serving for the first time this summer.

We are excited to see who God will bring to serve at Barren Heights this retreat season! Is He calling **YOU** to fill a volunteer family spot this summer? Sign up or refer a friend to serve, fellowship, and have fun today! Learn more about serving at a retreat this summer at barrenheights.org/retreat-calendar.

Apply Here!



Guest Applications are OPEN!

Names for our returning guest BH2 retreats **have been drawn**, and now NEW guest family applications are OPEN! Know a special needs family who could use a Barren Heights retreat weekend? Send them to our website at barrenheights.org/retreat-calendar to apply!





A Fresh Look for a New Season



Before

Barren Heights turns 20 next year, wow! And of course, as we gracefully age and gain wisdom, we continue to see facilities, equipment, and surfaces needing maintenance, upgrades, and outright replacement. Last year we tackled huge resurfacing projects with our driveway and **courts**. This spring, we said goodbye to our old and very worn playground tiles so we could say hello to a beautiful new green playground surface!



After

Thanks to a generous donation from the **Ray & Kay Eckstein Charitable Trust**, we were able to resurface our playground area making it smoother and safer for kiddos and more accessible for mobility aids. No more warped tiles! And we're also praising God, because the project was able to be completed before our 2023 Retreat Season begins on June 3rd. Hooray!

If you or a special needs family you know needs a fun weekend retreat, send them to our website to apply at **barrenheights.org/retreat-calendar**.

Spring 2023 Mom's Night Out

Twice a year, [Barren Heights](#), [Critically Loved](#), [Down Syndrome of Louisville](#), and [FEAT of Louisville](#) combine forces to throw an all out pamper party for moms of children with disabilities. This spring, our mommas ate Salsarita's, relaxed in a lavender scented spa room, received professional chair massages, and walked away with door prizes, a craft, and new friendships. Additionally, we opened registration up first to moms who had never attended an MNO, so around 70% of the 78 moms who attended this year were brand new to this 100% FREE event! Sneak a peek at all the fun we had. 🥰



Additional support provided by [Face It](#) & [SECC](#)

Upcoming Events

Info, sign up forms, and more fun upcoming events can be found at barrenheights.org/events.

Retreat Center Work Day

Saturday, April 22nd • 9 a.m. • Barren Heights Retreat Center

Each year we host a fun and productive Retreat Center Work Day where the whole family can serve. Work outside in the sunshine and help us clean, organize, paint, make repairs, and clean up landscaping. Everyone can participate! Participate as a family, couple, or even by yourself.



Women's Picnic

Saturday, May 13th • 11:30 a.m. • Tom Sawyer Park

Fresh air and a chat with friends! What better way to spend a Saturday than with a picnic in the sunshine? Lunch will be provided. This event is free to mothers of children with disabilities and is presented in partnership by **Barren Heights** and **Critically Loved**.

Adult Day Camp

June 13th–15th • Southeast Christian Church Blankenbaker

This year, we are excited to host a summer adult day camp in partnership with **Southeast's Shine Ministry** and **Crossroads Church** from Mansfield, OH! Plans are still being made, so mark your calendar and watch our **social media** and **events page** for more information when it becomes available.



Ice Cream at the Park

Friday, July 7th • 6 p.m. • Miracle League of Louisville Complex

Join Barren Heights & **The Miracle League of Louisville** for a night of ice cream and fun at The Miracle League of Louisville's inclusive playground. We'll have activities and delicious ice cream from Jericho Farmhouse. This event is free to all families of children with disabilities! RSVP opens in June.



Thank You

Barren Heights is a nonprofit organization, which means all of the services we provide—be they retreats or community events—are completely free to our community ONLY because we receive financial support from generous donors, businesses, and charitable organizations.

Our Booster program of faithful monthly donors allows us to budget and schedule all the fun and impactful things because we have the support of monthly income. In return, we keep these monthly donors in the loop, letting them know what their dollars are doing and how they are making a difference in the lives of our special needs community.

Find out more about becoming a Booster at barrenheights.org/donations.

Because they gave...

We can serve!

In each quarterly newsletter, we like to give shout outs and huge THANK YOUS to the organizations that have financially supported the work we are doing here at Barren Heights. The following list includes the most recent grants we have received. *You can find a complete listing of our partners and supporting charitable organizations at barrenheights.org/our-partners.*

Grant Supporters

February to March 2023

Lewis & Gladys Bass Foundation

Mary Gaylord McClean Foundation

Price Foundation

Ray & Kay Eckstein Charitable Foundation

W. Bruce Lunsford Foundation

Getting ready for our Roaring '20s!

Dance into our 20th year with us!

Save the Date

2023 **Benefit Dinner**

Saturday, November 4th
Woodhaven Country Club

This fall, we'll celebrate 19 years of Barren Heights and get ready to dance into our **Roaring '20s!** Save the date and gather your flapper dresses and boater hats, because it's gonna be the "bee's knees!"

Will You Be a Benefit Dinner Sponsor?

We had 23 generous organizations help us along the way to our \$110,500 goal at our 2022 Benefit Dinner. Can you or a business you know make our 2024 retreats and community events possible by sponsoring this year's Benefit Dinner? Check out our

[Sponsor Form](#) for more info!



Square dancing at our 2022 Benefit Dinner!

Special Thanks

2022 Barren Heights Benefit Dinner Corporate Sponsors

Gold Sponsors



Silver Sponsors



Bronze Sponsors

