



Barren Heights

Fall

Newsletter

Goodbye summer retreat season.
Hello cozy community events!



When We Last Chatted...

When we last chatted, we were getting ready for Work Day and our 2023 Retreat Season. Well, a lot has happened since then! We had a wonderful Retreat Season where 64 different volunteer families (4 families served twice!) served 51 special needs families between June and mid-October. In all, 495 people crossed through the gates of our Retreat Center this summer to experience rest, peace, service, and love in ways they may have never experienced before their time at Barren Heights. What a blessing it is to do what we do!

We also hosted 12 community events including (but not limited to!) our first ever Adult VBS, our fan-favorite Mom's Night Out, a Men's Bonfire Night, Ice Cream at the Park, and a Couple's Cooking Class. We had so much fun creating more compassionate communities in the Louisville area, and can't wait to keep the fellowship going in the new year. Here are some things our guests and volunteers had to say about our summer and fall activities:

It is such a beautiful quiet place. Launching the balloons at Goliath was so much fun. The bonfire was warm and cozy. My son LOVED the tractor ride. It was all so well done. AND WHO DOESN'T LOVE NOT HAVING TO COOK?! –Guest Parent

This past weekend was amazing! I enjoyed participating and meeting all the wonderful hosts and guests. It really solidified my support of Barren Heights! –Volunteer & BH Booster

This was our first Barren Heights event, and I look forward to more. Cooking a recipe I would never think to cook myself was fun. I am glad I got connected to BH. –Guest Parent



Spreading a Little Holiday Cheer

Fall and winter means focusing on community building here at Barren Heights, so we've put together a sneak peak of what's to come and how you can support us as we serve!

GivingTuesday

Tuesday, November 28 | Online

The year's biggest celebration of generosity returns on Tuesday, November 28th. Each GivingTuesday, people across the globe take a moment to support the causes and organizations that are nearest to their heart. This GivingTuesday, we hope you will remember Barren Heights as you donate and share on your socials! Learn how to give at barrenheights.org/donations.

Christmas Gift Shop

Each Tu/Th 11.30-12.14 | 9:30 a.m. to 2 p.m.

Families of children with disabilities are invited to join us for this free event as we open our gift shop of Christmas goodies. You can stop by to pick up a few gifts and stocking stuffers for your kiddos and even wrap them before you leave at our wrapping station. We'll have all the supplies you need to get your gifts ready to put under the Christmas tree! Learn more at barrenheights.org/events/christmas-gift-shop.

Sensory-Friendly Christmas

December 2 | 10 a.m. - 2 p.m. | ecotech

Begin your family's holiday season with a visit from Santa and his elves in a sensory-friendly environment. Participants will enjoy yummy treats, cookie decorating, holiday crafts, and, of course, time with the big guy himself. We'll even have a professional photographer for Santa photos! Learn more and RSVP at barrenheights.org/events/christmasparty.

Women's Craft Group

Monthly at 10 a.m. | BH Community Center

It's hard to believe, but it's time for our last Women's Craft Group of the year! Each month, Barren Heights mommas gather in the Community Center to get cozy, crafty, and beat the winter blues through community and prayer. We meet monthly on the first or second Tuesday at 10 a.m. for snacks and a provided craft. RSVP at barrenheights.org/events/craft.

HoliDate Night

Thursday, December 7 | SECC Blankenbaker

Join Barren Heights founders Joe & Toni Rose and Growing Your Marriage leaders John & Lorie Weires for a one night workshop where couples can work on their relationships and grow closer to God. RSVP at barrenheights.org/events/holidate.

Winter Specialty Retreats

January, February, and March 2024

Our winter specialty retreats are the overnight getaway you've been craving after a busy holiday season and a gray winter indoors. These relaxing retreats are hosted at our Barren Heights Retreat Center in Scottsville, KY. You can find more info on page five and on our socials in the coming weeks!

Stay up-to-date on our upcoming events at barrenheights.org/events or follow us on socials.

facebook.com/barrenheights.org

instagram.com/barrenheights

— 18th Annual Barren Heights —

BENEFIT DINNER

On November 4th, we hosted a Roaring Twenties Benefit Dinner, and our attendees really got into the theme! Suspenders, fancy hats, and sparkly, fringed dresses were at every turn. And not only was the theme a hit...

We met and then exceeded our \$115,000 goal with \$116,956 raised!

As we prepare to launch into our 20th year—yes, TWENTIETH!—we just have to say thank you for changing our community and for supporting Barren Heights through your prayers and financial support. Together we are truly creating more compassionate communities where all families feel loved, accepted, welcomed, and safe. We can't wait to see what God will do in 2024! But since we must, let's reminisce on our fancy 20s party while we wait!



Special Guest Speakers Melody & Geoff Pym



Best Dressed Gal



Abigail's Impact Award
Winners Yosef & Yonas Monks



Daniel's Dream Award
Winner Mike Howell



Best Dressed Guy



Special Thanks

2023 Barren Heights Benefit Dinner Corporate Sponsors

Gold Sponsor



Silver Sponsors



Bronze Sponsors



Coming Winter 2024

Specialty Retreat Season!

Winter specialty retreats are the overnight getaway you'll be craving after a busy holiday season and a gray winter indoors. Plus they're free to families of children with disabilities, so you can't beat the price! Applications will open in December, so save the dates and keep an eye on our socials for links to apply. *All retreats are hosted at our Retreat Center in Scottsville, KY.*



Men's Retreat
JANUARY 12-13, 2024



Marriage Retreat
FEBRUARY 17-18, 2024



Women's Retreat
MARCH 9-10, 2024



Give While You Shop

Want to financially support programs like our specialty retreats for special needs families? One easy way to give back is to take part in the Kroger Community Rewards program! >>>

kroger community **rewards**



Holiday season is here, which means there are big family meals on the way! Give back to the community while purchasing the supplies you need. When you swipe your free Kroger Rewards card, a percentage of the profits goes to Barren Heights!

Register Barren Heights as your benefiting nonprofit today on [kroger.com/i/community/community-rewards](https://www.kroger.com/i/community/community-rewards)



Because you gave, we can serve!

We can do what we do, because so many people and organizations give generously to Barren Heights. Whether through our Booster program of monthly donors, giving events like Give for Good Louisville (you gave \$1,360 this year!), or grants and sponsorships from charitable organizations, we have been able to make real, tangible impacts on families of children with disabilities through community events and family retreats. Thank you for supporting Barren Heights, so we can support families!

Thanks a Latte!

These Organizations Filled Our Cup This Year!

These charitable organizations and foundations gave BIG this past quarter, so we just had to mention them by name. Their grants went/will go toward weekend retreats, Community Center programming, and an upcoming sidewalk paving project at the Retreat Center. Take a moment to read through this list of generous supporters, and click available links to learn more about them.



Carson-Myre Charitable Foundation
 Forwith Family Foundation
 Jamie Parsley Family Foundation
 Ray & Kay Eckstein Charitable Trust
 Snowy Owl Foundation
 The Edward G. Reynolds Foundation
 WHAS Crusade for Children

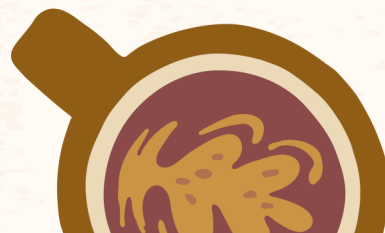
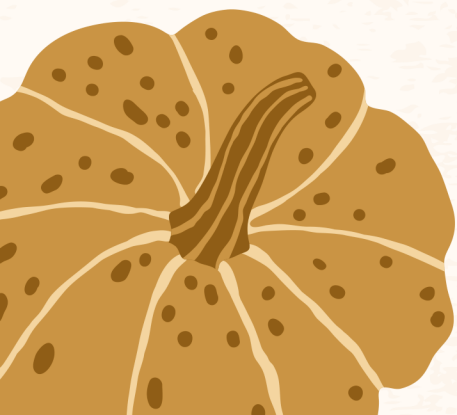
Want to support Barren Heights by becoming a monthly donor?
 Visit barrenheights.org/donations and click "Yes! I Want to Give Monthly".



HAPPY THANKSGIVING

From Our Barren Heights Family to Yours!

*Our office will close to celebrate
on November 23th-24th.*





Barren Heights Turns 20 in 2024!



*We Could Not Have Served
for 20 Years Without You!*

Find Us
Online or Nearby!

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Thank You for Your Support!