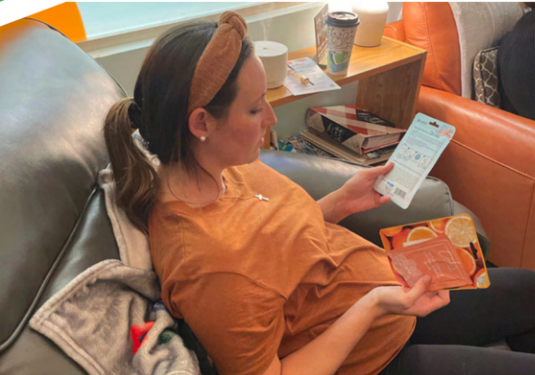




2024 Spring Newsletter

Spring is Here

& Summer's Coming!



It's almost time for...

Retreat Season!

It's April, which means we are just a few short weeks from our first family retreat weekend of the year (May 31st–June 2nd)! The work that Abbi and Kelly put in recruiting new volunteers over the past couple of years is really bearing fruit in the amount of returning volunteers we are seeing. We have also been blessed to have one of our partner churches—Christ Community Church of Shelbyville—adopt a weekend in June to “staff” that weekend’s caretaker and host families. What a great idea and HUGE blessing to Barren Heights and the guest families who will attend that weekend. Thank you, CCC!

We are excited to see who God will bring to serve at Barren Heights this retreat season! Is He calling YOU to fill a volunteer family spot this summer? Sign up or refer a friend to serve, fellowship, and have fun today! Learn more about serving at a retreat at

barrenheights.org/retreats.



Be Our Guest!

Names for our returning guest BH2 retreats **have been drawn**, but we still have NEW guest family spots available. Know a special needs family who could use a free Barren Heights retreat weekend? Send them to our website at barrenheights.org/retreat-calendar to apply!



2024 Work Day: Getting Ready for Retreat Season!



Our Retreat Center got a makeover on Saturday, April 20th during Work Day, and our volunteers outdid themselves! The weather was perfect, and our Retreat Center is now sparkling and ready for Retreat Season to begin on May 31st. Look at those volunteers go!

Have you applied to attend a retreat this summer as a guest or volunteer yet? What are you waiting for?! Head over to barrenheights.org/retreat-calendar to apply. It's free for both guests AND volunteers!



Coming Soon to BH

Info, sign up forms, and more fun upcoming events can be found at barrenheights.org/events.



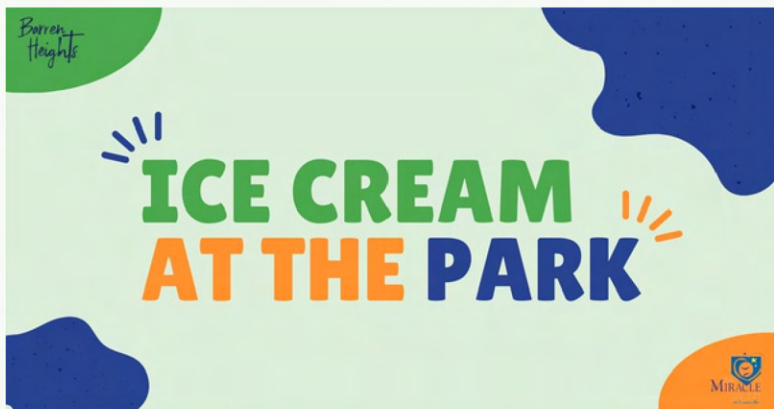
May 6th–16th • online at barrenheights.org/spring

Each spring, we reminisce and raise money for Barren Heights! This year, our Spring Campaign goals are to **raise \$20,000** and **gain 20 new monthly donors of \$20 or more** in celebration of 20 years of Barren Heights! Will you consider supporting BH during this campaign? Watch your mail for our flyer and learn more at barrenheights.org/spring.



Thursday, May 9th • 4–8 p.m. • Middletown Panera

Give back to BH this Spring Campaign by taking the whole family for dinner at the Middletown Panera Bread! By having your family meal, church outing, or night out with friends at Panera Bread on May 9th (4–8 p.m.), 25% of your purchase will go to BH. Just [show our flyer](#) (printed or digital) at checkout or order online by using the code **FUND4U** at online checkout, in the Panera App, or at the kiosk in-cafe!



Friday, June 14th • 6 p.m. • Miracle League Complex

Join Barren Heights & [The Miracle League of Louisville](#) for a night of ice cream and fun at The Miracle League of Louisville’s inclusive playground. We’ll have activities and delicious ice cream from Jericho Farmhouse. This event is free to all families of children with disabilities! RSVP is required and opens in May.



Tuesday, July 16th • Topgolf • 301 Oxmoor Lane

BH dads had such a great time at our spring Topgolf Louisville men’s event that we decided to make it a date night for married couples in our community! More details are coming soon, so keep an eye on your email for registration info. Not signed up for our email list? Get all the latest event info and BH opportunities at barrenheights.org/email.



The Lodge Opens This Summer!

We're excited to announce that our new volunteer sleeping quarters will be ready for the 2024 Retreat Season! Each of our two volunteer sleeping quarters will have their own private entrance, REAL mattresses (with bedding provided), a spacious bathroom, and are located right beside our tennis court. The large gathering space and indoor play and calming areas will open later in the summer. If you want to learn more about the Lodge, visit barrenheights.org/lodge.

Buy a Brick. Launch the Lodge!

Want to help us finish and furnish the Lodge? Take part in our Launch the Lodge Brick Fundraiser! Purchase a personalized brick in honor of a precious friend or in memory of a treasured loved one. The bricks will be used to pave a feature next to the Lodge where guests of the Retreat Center can take a moment to rest. Purchase yours at fundraisingbrick.com/thelodge/ or make a donation [HERE](#).



Barren Heights qualifies for tax exempt status under section 501-c-3 of the Internal Revenue Code. Contributions are tax deductible under section 170. EIN:32-0121355



The Eckstein Family
Calming Room
 Donated in 2024 for the comfort
 of Barren Heights families

Thank You, Eckstein Family!

We have an incredible group of **partner businesses, organizations, and foundations** that financially support Barren Heights. The **Ray & Kay Eckstein Charitable Foundation** has gone above and beyond this year by generously funding a sensory-friendly calming room in the Lodge. In their honor, we have named the room *The Eckstein Family Calming Room*. We cannot wait for families to experience calm and comfort in this room when it opens in late summer.

Our Spring Campaign is May 6-16!

When you give, you are truly changing the lives of families of children with disabilities. Monthly giving, one-time donations, and community partnerships ensure our programs remain free for everyone. **Will you help us raise \$20,000 by giving or becoming a monthly donor during our Spring Campaign?**



What will your gift do?

At Barren Heights, 74% of our operating budget goes to programming. That means 74 cents of every dollar given will go toward hosting 19 free retreats in Scottsville and more than 26 free community events in the Louisville area this year! Because of your financial support, our families can have new, fun, safe, and accessible experiences without adding any financial burden to their already heavy plates.

Additionally, donations will go toward replacing our New Barn HVAC system, general upkeep of our Retreat & Community Centers, and furnishing the Lodge—our brand-new multipurpose building. **Our generous community makes essential projects like these possible!** You can learn more about the Lodge and our ongoing brick fundraiser at barrenheights.org/lodge.

How can you give?

Give Monthly: One of this year’s campaign goals is to gain 20 new monthly donors of \$20 or more. Monthly giving enables us to spend less time fundraising and more time serving families!

Give Once: Each gift helps us make families feel loved, accepted, welcomed, and safe. During our Spring Campaign, we aim to raise \$20,000 to cover half the cost of our 2024 Retreat Season!

Increase Giving: Already give monthly but want to do more? Even a monthly increase of just \$5 or \$10 can make a huge impact.

“Our favorite part of our retreat was meeting like-minded individuals that understand the struggles of a special needs family. The friendships formed as well as great fellowship created everlasting memories.” —2023 Retreat Guest Parent

Ready to help us reach our goals?

Learn more & give online at barrenheights.org/spring.

Mail checks to *Barren Heights, 11420 Watterson Court #800, Louisville, KY 40299*



PS Eat at Panera Bread in Middletown on **Thursday, May 9th between 4–8 p.m.**, and Barren Heights gets 25% of your order! Download our flyer at barrenheights.org/news/panera, or use the code **FUND4U** online.



Barren Heights' Emerald Ball 2024 BENEFIT DINNER

**Saturday, November 9th
Woodhaven Country Club**

Barren Heights is officially in our 20th year, so we are going all out and throwing an Emerald Ball to celebrate! The theme is green if you know what we mean, so dress in head to toe emerald and celebrate 20 years of serving special needs families with us. Bejewel, bedazzle, be generous to families of children with disabilities!

Will You Be a Benefit Dinner Sponsor?

We had 19 generous organizations help us along the way to our \$115,000 goal at our 2023 Benefit Dinner. Can you or a business you know make our 2025 retreats and community events possible by sponsoring this year's Benefit Dinner? Check out our [Sponsor Form](#) for more info!



Dancing into our Roarin' 20s at last year's dinner!

Panera
FUNDRAISING



Help support us!

Barren Heights

25%
OF SALES
WILL BE
DONATED

May 9, 2024
4:00 pm to 8:00 pm EDT
13000 Shelbyville Rd, Middletown, KY

Use code FUND4U at online checkout, in the Panera App,
or at the kiosk in-cafe.*

Bring this flyer or show a digital copy to your cashier when ordering at the cafe or enter the promo code FUND4U at checkout on Panerabread.com or the Panera App to ensure your organization gets a portion of the proceeds.**

Learn more at fundraising.panerabread.com

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*Gift card and catering order placed on Panerabread.com, and delivery orders placed through third-party sites are excluded and will not count towards the event. Other restrictions apply. For complete details, visit: <http://fundraising.panerabread.com/terms-conditions/>. **Services vary by café.